



Connaught Skating Club Spring 2024
Competitive Program Schedule & Pricing
***** BRONZE TRAINING PODS 1 & 2 *****
 All sessions held at Richmond Ice Centre & the Richmond Olympic Oval
 April 2nd - June 16th, 2024 (Day Ice until June 21st)
vers 19/03/24

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 10	Pods 1 & 2 Bronze - Group & Freeskate	3:45-4:45pm	RIC - Igloo	May 20	9	15 mins	\$116
	Pods 1 & 2 - Dance	5:15-6:00pm	Holiday Inn	Apr 8, Apr 22, May 20	7	45 mins	
TUESDAY April 2 - June 11	Pod 1 Bronze - Dryland	4:00-4:30pm	Watermania	May 7, May 14	9	30 mins	\$149
	Pod 1 Bronze - Group	4:45-5:30pm	RIC - Garage	May 7	10	45 mins	
	Pod 2 Bronze - Dryland	4:30-5:00pm	Watermania	May 7, May 14	9	30 mins	\$149
	Pod 2 Bronze - Group	5:45-6:30pm	RIC - Garage	May 7	10	45 mins	
THURSDAY April 4 - June 13	Pod 1 & 2 Bronze - Group	4:15-5:15pm	RIC - Garage	Apr 11, May 9	9	60 mins	\$177
	Pod 1 & 2 Bronze - Fitness	5:30-6:15pm	Holiday Inn	Apr 11, Apr 18, May 9, May 16	7	45 mins	
FRIDAY April 5 - June 14	Pod 1 Bronze - Freeskate	3:45-4:30pm	RIC - Garage	Apr 12, Apr 19, May 24	8		Pod 1: \$84 (freeskate + jump) Pod 2: \$84 (freeskate + jump)
	Pod 2 Bronze - Freeskate	3:45-4:30pm	RIC - Igloo	Apr 12, Apr 19, May 24	8		
	Pod 1 & 2 Bronze - Jump	4:45-5:30pm	Holiday Inn	Apr 12, Apr 19, May 24	8	45 mins	
SATURDAY April 6 - June 15	Pods 1 & 2 Bronze - freeskate	7:00-7:45am	Oval - North Rink	Apr 13, May 18, May 25	8		\$36
SUNDAY April 7 - June 16	Pod 1 Bronze - Freeskate	8:00-8:45am	Oval - South Rink	May 5, May 26	9		Pod 1: \$108 (freeskate + group) Pod 2: \$108 (group + freeskate)
	Pods 1 & 2 Bronze - group	8:45-9:15am	Oval - South Rink	May 5, May 26	9	30 mins	
	Pod 2 Bronze - freeskate	9:15-10:00am	Oval - South Rink	May 5, May 26	9		

Notes:

The \$58 Skate Canada fee is payable once per skater per skating year (Sept 2023-Aug 2024)

Schedule is subject to change.

Always check website for schedule changes.

You will be notified regarding which training pod your skater is assigned to.

SPRING SEMINAR: April 11, 12, 13 at the Richmond Olympic Oval

VICTORIA DAY SIMULATION dates:

Sunday, May 5th - Oval, 8:00-10:00am

Tuesday, May 7th - RIC Garage, 3:45-8:15pm

Thursday, May 9th - RIC Igloo, 4:45-6:30pm and RIC Garage 7:15-8:45pm

OPEN and Competitive Day ice

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 17	OPEN freeskate	6:30-8:00am	RIC - Garage	May 20, Jun 17	9		\$90
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	May 20	10		\$100
TUESDAY April 2 - June 18	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		12		\$120
WEDNESDAY April 3 - June 19	OPEN freeskate	6:30-8:00am	RIC - Garage	Jun 19	11		\$110
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		12		\$120
THURSDAY April 4 - June 20	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	Apr 11	11		\$110
FRIDAY April 5 - June 21	OPEN freeskate	6:30-8:00am	RIC - Garage	Apr 19, May 24, Jun 21	9		\$90
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	Apr 12, May 24	10		\$100
SUNDAY April 7 - June 16	OPEN freeskate	8:00-9:00am	RIC - Garage	Apr 21, May 26, Jun 16	8		\$80



Connaught Skating Club Spring 2024
Competitive Program Schedule & Pricing
***** SILVER TRAINING PODS 1 & 2 *****
 All sessions held at Richmond Ice Centre and Richmond Olympic Oval
 April 2nd - June 15th, 2024 (Day Ice until June 21st)
vers 19/03/24

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 10	Pod 1 Silver - Freeskate	4:30-5:15pm	RIC - Garage	May 20	9		Pod 1: \$95 (freeskate + ballet) Pod 2: \$95 (ballet + freeskate)
	Pods 1 & 2 Silver - Ballet	5:30-6:15pm	Watermania	May 20	9	45 mins	
	Pod 2 Silver - Freeskate	6:30-7:15pm	RIC - Igloo	May 20	9		
TUESDAY April 2 - June 11	Pods 1 & 2 Silver - Group	3:45-4:45pm	RIC - Garage	May 7	10	60 mins	\$204
	Pods 1 & 2 Silver - Stretch	5:00-5:45pm	Watermania	May 7, May 14	9	45 mins	
WEDNESDAY April 3 - June 12	Pod 1 Silver - Freeskate	3:45-4:30pm	RIC - Garage		11		\$98
	Pod 1 Silver - Dance	4:45-5:30pm	Holiday Inn	Apr 3, Apr 10, Apr 24	8	45 mins	
	Pod 2 Silver - Freeskate	4:30-5:15pm	RIC - Garage		11		\$98
	Pod 2 Silver - Dance	5:30-6:15pm	Holiday Inn	Apr 3, Apr 10, Apr 24	8	45 mins	
Thursday April 4 - June 13	Pod 1 & 2 Silver - Group	4:45-5:45pm	RIC - Igloo	Apr 11, May 9	9	60 mins	\$177
	Pod 1 & 2 Silver - Fitness	6:15-7:00pm	Holiday Inn	Apr 11, Apr 18, May 9, May 16	7	45 mins	
FRIDAY April 5 - June 14	Pod 1 Silver - Jump	3:45-4:15pm	Holiday Inn	Apr 12, Apr 19, May 24	8	30 mins	Pod 1: \$98 (Jump, Freeskate & Spin) Pod 2: \$98 (Jump, Spin & Freeskate)
	Pod 1 Silver - Freeskate	4:45-5:30pm	RIC - Igloo	Apr 12, Apr 19, May 24	8		
	Pods 1 & 2 Silver - Spin	5:30-5:45pm	RIC - Igloo	Apr 12, Apr 19, May 24	8	15 mins	
	Pod 2 Silver - Jump	4:15-4:45pm	Holiday Inn	Apr 12, Apr 19, May 24	8	30 mins	
	Pod 2 Silver - Freeskate	5:45-6:30pm	RIC - Igloo	Apr 12, Apr 19, May 24	8		
SATURDAY April 6 - June 15	Pod 1 & 2 Silver - Freeskate	7:45-8:30am	Oval - North Rink	Apr 13, May 18, May 25	8		\$36

Notes:
 The \$58 Skate Canada fee is payable once per skater per skating year (Sept 2023-Aug 2024)
 Schedule is subject to change.
 Always check website for schedule changes.
 You will be notified regarding which training pod your skater is assigned to.

SPRING SEMINAR: April 11, 12, 13 at the Richmond Olympic Oval

VICTORIA DAY SIMULATION dates:
 Sunday, May 5th - Oval, 8:00-10:00am
 Tuesday, May 7th - RIC Garage, 3:45-8:15pm
 Thursday, May 9th - RIC Igloo, 4:45-6:30pm and RIC Garage 7:15-8:45pm

OPEN and Competitive Day ice							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 17	OPEN freeskate	6:30-8:00am	RIC - Garage	May 20, Jun 17	9		\$90
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	May 20	10		\$100
TUESDAY April 2 - June 18	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		12		\$120
WEDNESDAY April 3 - June 19	OPEN freeskate	6:30-8:00am	RIC - Garage	Jun 19	11		\$110
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		12		\$120
THURSDAY April 4 - June 20	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	Apr 11	11		\$110
FRIDAY April 5 - June 21	OPEN freeskate	6:30-8:00am	RIC - Garage	Apr 19, May 24, Jun 21	9		\$90
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	Apr 12, May 24	10		\$100
SUNDAY April 7 - June 16	OPEN freeskate	8:00-9:00am	RIC - Garage	Apr 21, May 26, Jun 16	8		\$80



Connaught Skating Club Spring 2024
Competitive Program Schedule & Pricing
***** GOLD TRAINING PODS 1 & 2 *****
 All sessions held at Richmond Ice Centre & Richmond Olympic Oval
 April 2nd - June 15th, 2024 (Day ice until June 21st)
vers 19/03/24

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 10	Pod 2 Gold - Freeskate	3:45-4:30pm	RIC - Garage	May 20	9		\$95
	Pod 2 Gold - Ballet	4:45-5:30pm	Watermania	May 20	9	45 mins	
	Pod 1 Gold - Freeskate	5:45-6:30pm	RIC - Igloo	May 20	9		\$83
	Pod 1 Gold - Dance	6:45-7:30pm	Holiday Inn	Apr 8, Apr 22, May 20	7	45 mins	
TUESDAY April 2 - June 11	Pod 1 Gold - Dryland	5:45-6:15pm	Watermania	May 7, May 14	9	45 mins	\$99
	Pod 1 Gold - Freeskate	6:30-7:15pm	RIC - Garage	May 7	10		
	Pod 2 Gold - Dryland	6:15-6:45pm	Watermania	May 7, May 14	9	45 mins	\$99
	Pod 2 Gold - Freeskate	7:30-8:15pm	RIC - Garage	May 7	10		
WEDNESDAY April 3 - June 12	Pods 1 & 2 Gold - Jump	4:45-5:30pm	Oval - Room 1046		11	45 mins	\$173
	Pods 1 & 2 Gold - Freeskate & Group	5:45-7:00pm	Oval - North Rink		11	15 mins	
THURSDAY April 4 - June 13	Pods 1 & 2 Gold - Group	5:45-6:30pm	RIC - Igloo	Apr 11, May 9	9	45 mins	\$143
	Pods 1 & 2 Gold - Fitness	7:00-7:45pm	Holiday Inn	Apr 11, Apr 18, May 9, May 16	7	45 mins	
FRIDAY April 5 - June 14	Pod 1 Gold - Jump	6:00-6:30pm	Holiday Inn	Apr 12, Apr 19, May 24	8	30 mins	\$98
	Pod 1 Gold - Freeskate & Spin	6:45-7:45pm	RIC - Garage	Apr 12, Apr 19, May 24	8	15 mins	
	Pod 2 Gold - Jump	6:30-7:00pm	Holiday Inn	Apr 12, Apr 19, May 24	8	30 mins	\$98
	Pod 2 Gold - Spin & Freeskate	7:30-8:30pm	RIC - Garage	Apr 12, Apr 19, May 24	8	15 mins	
SATURDAY April 6 - June 15	Pod 1 Gold - Freeskate	8:30-9:15am (May 18 - 8:00-8:45am)	Oval - North Rink	Apr 13, May 25	9		\$41
	Pod 2 Gold - freeskate	9:30-10:15am (May 18 - 8:00-8:45am)	Oval - North Rink	Apr 13, May 25	9		\$41

Notes:
 The \$58 Skate Canada fee is payable once per skater per skating year (Sept 2023-Aug 2024)
 Schedule is subject to change.
 Always check website for schedule changes.
 You will be notified regarding which training pod your skater is assigned to.

SPRING SEMINAR: April 11, 12, 13 at the Richmond Olympic Oval

VICTORIA DAY SIMULATION dates:
 Sunday, May 5th - Oval, 8:00-10:00am
 Tuesday, May 7th - RIC Garage, 3:45-8:15pm
 Thursday, May 9th - RIC Igloo, 4:45-6:30pm and RIC Garage 7:15-8:45pm

OPEN and Competitive Day ice							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 17	OPEN freeskate	6:30-8:00am	RIC - Garage	May 20, Jun 17	9		\$90
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	May 20	10		\$100
TUESDAY April 2 - June 18	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		12		\$120
WEDNESDAY April 3 - June 19	OPEN freeskate	6:30-8:00am	RIC - Garage	Jun 19	11		\$110
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		12		\$120
THURSDAY April 4 - June 20	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	Apr 11	11		\$110
FRIDAY April 5 - June 21	OPEN freeskate	6:30-8:00am	RIC - Garage	Apr 19, May 24, Jun 21	9		\$90
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	Apr 12, May 24	10		\$100
SUNDAY April 7 - June 16	OPEN freeskate	8:00-9:00am	RIC - Garage	Apr 21, May 26, Jun 16	8		\$80



**Connaught Skating Club Spring 2024
Competitive Program Schedule & Pricing
*** DIAMOND TRAINING POD ***
All sessions held at Richmond Ice Centre & the Richmond Olympic Oval
April 2nd - June 21st, 2024**

vers 19/03/24

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 17	Diamond - Freeskate	5:00-5:45pm	RIC - Igloo	May 20, Jun 17	9		\$95
	Diamond - Pilates	6:15-7:00pm	Watermania	May 20, Jun 17	9	45 mins	
TUESDAY April 2 - June 18	Diamond - Ballet	5:00-5:45pm	Oval - Studio 1046		12	45 mins	\$144
	Diamond - Freeskate	6:15-7:15pm (April) 6:45-7:45pm (May & June)	Oval - North Rink (May & June - Oval South Rink)		12		
WEDNESDAY April 3 - June 19	Diamond - Freeskate	5:30-6:30pm (Jun 19 - 5:30-6:15pm)	RIC - Garage (Jun 19 - Oval North)		12		\$125
	Diamond - Dryland	6:45-7:30pm (Jun 19 4:30-5:15pm)	Holiday Inn (Jun 19 - Oval Studio 1046)	Apr 3, Apr 10, Apr 24	9	45 mins	
THURSDAY April 4 - June 20	Diamond - Dance/Stretch	6:00-6:45pm	Watermania	Apr 11, Apr 25, May 9, May 30, Jun 6, Jun 20	6	45 mins	\$77
	Diamond - Freeskate	7:15-8:00pm	RIC - Garage	Apr 11, May 9, June 20	9		
FRIDAY April 5 - June 21	Diamond - Freeskate	7:00-7:45pm	Oval - South Rink	Apr 12, May 24	10		\$105
	Diamond - Stretch	6:00-6:45pm	Oval - TBD	Apr 12, May 24	10	45 mins	
SATURDAY April 6 - June 15	Diamond - Freeskate	10:15-11:00am (May 18 - 9:00-9:45am)	Oval - North Rink	Apr 13, May 25	9		\$41

Notes:

The \$58 Skate Canada fee is payable once per skater per skating year (Sept 2023-Aug 2024)

Schedule is subject to change.

Always check website for schedule changes.

You will be notified regarding which training pod your skater is assigned to.

SPRING SEMINAR: April 11, 12, 13 at the Richmond Olympic Oval

VICTORIA DAY SIMULATION dates:

Sunday, May 5th - Oval, 8:00-10:00am

Tuesday, May 7th - RIC Garage, 3:45-8:15pm

Thursday, May 9th - RIC Igloo, 4:45-6:30pm and RIC Garage 7:15-8:45pm

OPEN and Competitive Day ice							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 17	OPEN freeskate	6:30-8:00am	RIC - Garage	May 20, Jun 17	9		\$90
	Diamond competitive day ice	3:00-4:00pm	Oval - North Rink		11		\$110
TUESDAY April 2 - June 18	Diamond/DAdv competitive day ice	3:00-4:00pm	Oval - North Rink		12		\$120
WEDNESDAY April 3 - June 19	OPEN freeskate	6:30-8:00am	RIC - Garage	Jun 19	11		\$110
	Diamond competitive day ice	3:00-3:45pm (Jun 19 - 2:45-3:30)	Oval - North Rink		12		\$90
THURSDAY April 4 - June 20	Diamond/DAdv competitive day ice	3:00-3:45pm	Oval - North Rink	Apr 11	11		\$83
FRIDAY April 5 - June 21	OPEN freeskate	6:30-8:00am	RIC - Garage	Apr 19, May 24, Jun 21	9		\$90
	Diamond competitive day ice	3:00-3:45pm	Oval - South Rink	Apr 12, May 24	10		\$75
SUNDAY April 7 - June 16	OPEN freeskate	8:00-9:00am	RIC - Garage	Apr 21, May 26, Jun 16	8		\$80



Connaught Skating Club Spring 2024
Competitive Program Schedule & Pricing
***** DIAMOND ADVANCED TRAINING POD *****
 All sessions held at the Richmond Ice Centre & the Richmond Olympic Oval
 April 2nd - June 21st, 2024

vers 19/03/24

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 17	Diamond Advanced - Dance	6:00-6:45pm	Holiday Inn	Apr 8, Apr 22, May 20, Jun 17	7	45 mins	\$116
	Diamond Advanced/TF2 - Group	7:00-7:15pm	RIC - Garage	May 20, Jun 17	9	15 mins	
	Diamond Advanced - Freeskate	7:15-8:00pm	RIC - Garage	May 20, Jun 17	9		
TUESDAY April 2 - June 18	Diamond Advanced - Ballet	5:45-6:30pm	Oval - Studio 1046		12	45 mins	\$144
	Diamond Advanced - Freeskate	7:15-8:15pm (Apr) 7:45-8:45pm (May/Jun)	Oval - North Rink (May/Jun - Oval South Rink)		12		
WEDNESDAY April 3 - June 19	Diamond Advanced - Freeskate	6:30-7:30pm (Jun 19 - 6:15-7:00pm)	RIC - Garage (Jun 19 - Oval North Rink)		12		\$108
	Diamond Advanced - Dryland	7:45-8:30pm (Jun 19 - 5:15-6:00pm)	Holiday Inn (Jun 19 - Oval Studio 1046)	Apr 3, Apr 10, Apr 24	9	45 mins	
THURSDAY April 4 - June 20	Diamond Advanced - Dance/Stretch	6:45-7:30pm	Watermania	Apr 11, Apr 25, May 9, May 30, Jun 6, Jun 20	6	45 mins	\$77
	Diamond Advanced - Freeskate	8:00-8:45pm	RIC - Garage	Apr 11, May 9, Jun 20	9		
FRIDAY April 5 - June 21	Diamond Advanced - Freeskate	5:00-5:45pm	Oval - North Rink	Apr 12, May 24	10		\$125
	Diamond Advanced - Yoga	6:15-7:15pm	Oval - Studio 1046	Apr 12, May 24	10	60 mins	
SATURDAY April 6 - June 15	Diamond Advanced - Freeskate	1:15-2:00pm (May 18 - 9:45-10:30am)	Oval - North Rink	Apr 13, May 25	9		\$41

Notes:

The \$58 Skate Canada fee is payable once per skater per skating year (Sept 2023-Aug 2024)
 Schedule is subject to change.

Always check website for schedule changes.

You will be notified regarding which training pod your skater is assigned to.

SPRING SEMINAR: April 11, 12, 13 at the Richmond Olympic Oval

VICTORIA DAY SIMULATION dates:

Sunday, May 5th - Oval, 8:00-10:00am

Tuesday, May 7th - RIC Garage, 3:45-8:15pm

Thursday, May 9th - RIC Igloo, 4:45-6:30pm and RIC Garage 7:15-8:45pm

OPEN and Competitive Day ice							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 17	OPEN freeskate	6:30-8:00am	RIC - Garage	May 20, Jun 17	9		\$90
	Diamond Advanced competitive day ice	2:30-3:30pm	Oval - South Rink	May 20	10		\$100
TUESDAY April 2 - June 18	Diamond/DAdv competitive day ice	3:00-4:00pm	Oval - North Rink		12		\$120
WEDNESDAY April 3 - June 19	OPEN freeskate	6:30-8:00am	RIC - Garage	Jun 19	11		\$110
	Diamond Advanced competitive day ice	2:30-3:30pm	Oval - South Rink		12		\$120
THURSDAY April 4 - June 20	Diamond/DAdv competitive day ice	3:00-3:45pm	Oval - North Rink	Apr 11	11		\$83
FRIDAY April 5 - June 21	OPEN freeskate	6:30-8:00am	RIC - Garage	Apr 19, May 24, Jun 21	9		\$90
	Diamond Advanced competitive day ice	2:15-3:15pm	Oval - North Rink	Apr 12, May 24	10		\$100
SUNDAY April 7 - June 16	OPEN freeskate	8:00-9:00am	RIC - Garage	Apr 21, May 26, Jun 16	8		\$80



Connaught Skating Club Spring 2024
Competitive Program Schedule & Pricing
***** TOP FLIGHT TRAINING PODS *****
 All sessions held at the Richmond Ice Centre & the Richmond Olympic Oval
 April 2nd - June 21st, 2024
vers 19/03/24

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 17	Pod 1 Top Flight - Pilates	3:00-3:45pm	Oval - Room 1046	May 20	10	45 mins	\$120
	Pod 1 Top Flight - Freeskate	4:00-5:00pm	Oval - North Rink	May 20	10		
	Pod 2 Top Flight - Freeskate	6:15-7:00pm (Jun 17 - 4:00-5:00pm)	RIC - Garage (Jun 17 - Oval North Rink)	May 20	10		\$122
	Pod 2 Top Flight/DAdv - Group	7:00-7:15pm	RIC - Garage	May 20, Jun 17	9	15 mins	
	Pod 2 Top Flight - Pilates	7:30-8:15pm	Holiday Inn	Apr 8, Apr 22, May 20, Jun 17	7	45 mins	
TUESDAY April 2 - June 18	Pod 1 Top Flight - Ballet	3:15-4:00pm	Oval - Studio 2010		12	45 mins	\$72
	Pod 2 Top Flight - Ballet	4:00-4:45pm	Oval - Studio 2010		12	45 mins	\$72
	Pod 1 Top Flight - Freeskate	4:15-5:00pm	Oval - North Rink		12		Pod 1: \$99(freeskate & spin) Pod 2: \$99(spin & freeskate)
	Pods 1/2 Top Flight - Spin	5:00-5:15pm	Oval - North Rink		12	15 mins	
	Pod 2 Top Flight - Freeskate	5:15-6:00pm	Oval - North Rink		12		
	Pods 1/2 Top Flight - Extra Ice	8:15-9:00pm	RIC - Garage	Jun 18	11		\$50
WEDNESDAY April 3 - June 19	Pod 1 Top Flight - Jump	3:00-3:45pm (Jun 19 - 2:45-3:30pm)	Oval - Studio 1046		12	45 mins	\$126
	Pod 1 Top Flight - Freeskate	4:00-4:45pm (Jun 19 - 3:45-4:30pm)	Oval - North Rink		12		
	Pod 2 Top Flight - Jump	3:45-4:30pm (Jun 19 - 3:30-4:15pm)	Oval - Studio 1046		12	45 mins	\$126
	Pod 2 Top Flight - Freeskate	4:45-5:30pm (Jun 19 - 4:30-5:15pm)	Oval - North Rink		12		
THURSDAY April 4 - June 20	Pod 1 Top Flight - Dance/Stretch	3:45-4:45pm	Watermania	Apr 11, Apr 25, May 9, May 30, Jun 6, Jun 20	6	60 mins	\$89
	Pod 1 Top Flight - Freeskate	5:30-6:15pm	RIC - Garage	Apr 11, May 9, Jun 20	9		
	Pod 2 Top Flight - Dance/Stretch	4:45-5:45pm	Watermania	Apr 11, Apr 25, May 9, May 30, Jun 6, Jun 20	6	60 mins	\$89
	Pod 2 Top Flight - Freeskate	6:15-7:00pm	RIC - Garage	Apr 11, May 9, Jun 20	9		
FRIDAY April 5 - June 21	Pod 1 Top Flight - Group	4:00-4:15pm	Oval - South Rink	Apr 12, May 24	10	15 mins	\$163
	Pod 1 Top Flight - Freeskate	4:15-5:00pm	Oval - South Rink	Apr 12, May 24	10		
	Pod 1 Top Flight - Yoga	5:15-6:15pm	Oval - Studio 1046	Apr 12, May 24	10	60 mins	
	Pod 2 Top Flight - Group	6:00-6:15pm	Oval - South Rink	Apr 12, May 24	10	15 mins	\$163
	Pod 2 Top Flight - Freeskate	6:15-7:00pm	Oval - South Rink	Apr 12, May 24	10		
	Pod 2 Top Flight - Yoga	7:15-8:15pm	Oval - Studio 1046	Apr 12, May 24	10	60 mins	
SATURDAY April 6 - June 15	Pod 2 Top Flight - freeskate	11:15-12:00pm (May 18 - 10:45-11:30am)	Oval - North Rink	Apr 13, May 25	9		Pod 1: \$71 (group & freeskate) Pod 2: \$71 (freeskate & group)
	Pods 1/2 Top Flight - group	12:00-12:15pm	Oval - North Rink	Apr 13, May 18, May 25	8	15 mins	
	Pod 1 Top Flight - freeskate	12:15-1:00pm (May 18 - 11:15-12:00pm)	Oval - North Rink	Apr 13, May 25	9		

Notes:
 The \$58 Skate Canada fee is payable once per skater per skating year (Sept 2023-Aug 2024)
 Schedule is subject to change.
 Always check website for schedule changes.
 You will be notified regarding which training pod your skater is assigned to.

SPRING SEMINAR: April 11, 12, 13 at the Richmond Olympic Oval

VICTORIA DAY SIMULATION dates:
 Sunday, May 5th - Oval, 8:00-10:00am
 Tuesday, May 7th - RIC Garage, 3:45-8:15pm
 Thursday, May 9th - RIC Igloo, 4:45-6:30pm and RIC Garage 7:15-8:45pm

OPEN and Competitive Day ice							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 17	OPEN freeskate	6:30-8:00am	RIC - Garage	May 20, Jun 17	9		\$90
	Top Flight competitive day ice	1:00-1:45pm	Oval - North Rink		11		\$83
	Top Flight competitive day ice	1:30-2:30pm	Oval - South Rink	May 20, Jun 17	9		\$90
	Top Flight competitive day ice	1:45-2:45pm	Oval - North Rink		11		\$110
TUESDAY April 2 - June 18	Top Flight competitive day ice	1:00-1:45pm	Oval - North Rink		12		\$90
	Top Flight competitive day ice	1:45-2:45pm	Oval - North Rink		12		\$120
WEDNESDAY April 3 - June 19	OPEN freeskate	6:30-8:00am	RIC - Garage	Jun 19	11		\$110
	Top Flight competitive day ice	1:00-2:00pm	Oval - North Rink		12		\$120
	Top Flight competitive day ice	1:30-2:30pm	Oval - South Rink		12		\$120
	Top Flight competitive day ice	2:00-2:45pm (Jun 19 - 1:30-2:30pm)	Oval - North Rink		12		\$93
THURSDAY April 4 - June 20	Top Flight competitive day ice	1:00-2:00pm	Oval - North Rink	Apr 11	11		\$110
	Top Flight competitive day ice	1:45-2:45pm	Oval - North Rink	Apr 11	11		\$110
FRIDAY April 5 - June 21	OPEN freeskate	6:30-8:00am	RIC - Garage	Apr 19, May 24, Jun 21	9		\$90
	Top Flight competitive day ice	1:00-2:00pm	Oval - South Rink	Apr 12, May 24	10		\$100
	Top Flight competitive day ice	1:45-2:45pm	Oval - South Rink	Apr 12, May 24	10		\$100
SUNDAY April 7 - June 16	OPEN freeskate	8:00-9:00am	RIC - Garage	Apr 21, May 26, Jun 16	8		\$80

****OVERLAPPING SCHEDULE ALERT: You must discuss your day ice schedule with your primary coach prior to registering****



Connaught Skating Club Spring 2024
Competitive Program Schedule & Pricing
***** PAIRS DEVELOPMENT PROGRAM *****
 All sessions held at the Richmond Ice Centre & the Richmond Olympic Oval
 April 2nd - June 21st, 2024

vers 06/03/24

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY April 8 - June 17	PDP - Freeskate	8:15-9:00pm	RIC - Garage	May 20, Jun 17	9		\$68
TUESDAY April 2 - June 18	PDP - Freeskate	3:45-4:30pm	RIC - Igloo	Jun 18	11		\$83
	PDP - Off ice	5:00-5:45pm	TBD	Jun 18	11	45 mins	\$83
WEDNESDAY April 3 - June 19	PDP - Competitive	2:30-3:30pm	RIC - Garage	Jun 19	11		\$110
	PDP - Off ice	3:45-4:30pm	Holiday Inn	Apr 3, Apr 10, Apr 24, Jun 19	8	45 mins	\$60
	PDP - Freeskate	7:45-8:30pm	RIC - Garage	Jun 19	11		\$83
THURSDAY April 4 - June 20	PDP - Freeskate	3:45-4:30pm	RIC - Igloo	Apr 11, Jun 20	10		\$75
FRIDAY April 5 - June 21	PDP - Competitive	3:15-4:15pm	Oval - North Rink	Apr 12, May 24	10		\$100
	PDP - Competitive off ice	4:30-5:15pm	Oval - TBD	Apr 12, May 24	10	45 mins	\$75
SATURDAY April 6 - June 15	PDP - Freeskate	7:45-8:45am	RIC - Garage	Apr 13, Apr 20, May 25, Jun 15	7		\$70

Notes:

The \$58 Skate Canada fee is payable once per skater per skating year (Sept 2023-Aug 2024)

Schedule is subject to change.

Always check website for schedule changes.

You will be notified regarding which training pod your skater is assigned to.

SPRING SEMINAR: April 11, 12, 13 at the Richmond Olympic Oval

VICTORIA DAY SIMULATION dates:

Sunday, May 5th - Oval, 8:00-10:00am

Tuesday, May 7th - RIC Garage, 3:45-8:15pm

Thursday, May 9th - RIC Igloo, 4:45-6:30pm and RIC Garage 7:15-8:45pm