



**Connaught Skating Club Spring 2026
Competitive Program Schedule & Pricing
*** BRONZE TRAINING PODS 1 & 2 ***
All sessions held at Richmond Ice Centre & the Richmond Olympic Oval**

**March 30 - June 12, 2026
vers 3/17/26**

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	Pod 1 & 2 Bronze - Dance	4:00-4:45pm	Holiday Inn	April 6, May 18	9	45 mins	\$225
	Pods 1 & 2 Bronze - Group & Freeski	5:00-6:00pm	RIC - Rink 1	April 6, May 18	9	15 mins	
TUESDAY March 31 - June 9	Pod 1 Bronze - Freeski	3:45-4:30pm	RIC - Rink 2		11		\$162
	Pod 1 Bronze - Dryland	4:45-5:15pm	Holiday Inn	April 21, May 12	9	30 mins	
	Pod 2 Bronze - Dryland	3:45-4:15pm	Holiday Inn	April 21, May 12	9	30 mins	\$162
	Pod 2 Bronze - Freeski	4:30-5:15pm	RIC - Rink 2		11		
THURSDAY April 2 - June 11	Pod 1 & 2 Bronze - Group	3:45-4:30pm	RIC - Rink 1		11	45 mins	\$182
FRIDAY April 3 - June 12	Pod 1 & 2 Bronze - Group & Freeski	3:45-4:45pm	RIC - Rink 1	April 3, May 15, May 22	8	15 mins	\$179
	Pod 1 & 2 Bronze - Dryland	5:00-5:45pm	Watermania	April 3, April 10, May 1, May 15, May 22	6	45 mins	
SUNDAY April 5 - June 7	Pod 1 Bronze - Freeski	8:45-9:30am	Oval - South Rink	April 5	9		Pod 1 = \$180
	Pods 1 & 2 Bronze - Group	9:30-10:00am	Oval - South Rink	April 5	9	30 mins	
	Pod 2 Bronze - Freeski	10:00-10:45am	Oval - South Rink	April 5	9		Pod 2 = \$180

Notes:
The \$58 Skate Canada fee is payable once per skater per skating year (Sept 2025-Aug 2026)
Schedule is subject to change.
Always check website for schedule changes.
You will be notified regarding which training pod your skater is assigned to.

Victoria Day Simulation!! May 9th

OPEN and Competitive Day ice							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	OPEN freeski	6:30-8:00am	RIC - Rink 1	April 6, May 18	9		\$126
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	April 6, May 18	9		\$153
TUESDAY March 31 - June 9	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		11		\$187
	Bronze/Silver OPEN	2:15-3:15pm	RIC - Rink 2		11		\$154
WEDNESDAY April 1 - June 10	OPEN freeski	6:30-8:00am	RIC - Rink 1		11		\$154
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		11		\$187
THURSDAY April 2 - June 11	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		11		\$187
FRIDAY April 3 - June 12	OPEN freeski	6:30-8:00am	RIC - Rink 1	April 3	10		\$140
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - South Rink	April 3, May 15	9		\$153
SUNDAY April 5 - June 7	OPEN freeski	8:30-9:30am	RIC - Rink 1	April 5, May 17, May 24	7		\$98



**Connaught Skating Club Spring 2026
Competitive Program Schedule & Pricing
*** SILVER TRAINING PODS 1 & 2 ***
All sessions held at Richmond Ice Centre & the Richmond Olympic Oval**

**March 30 - June 12, 2026
vers 3/17/26**

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	Pod 1 & 2 Silver - Group	5:15-6:00pm	RIC - Rink 2	April 6, May 18	9	45 mins	\$229
	Pod 1 & 2 Silver - Dryland	6:15-7:00pm (Except May 11, 6:15-6:45)	Watermania	April 6, April 13, May 18	8	45 mins (May 11, 30 mins)	
WEDNESDAY April 1 - June 10	Pod 1 Silver - Freeskiate	3:30-4:15pm	RIC - Rink 1		11		\$215
	Pod 1 Silver - Dance	4:30-5:15pm	Watermania (Holiday Inn - April 8, May 13, June 10)		11	45 mins	
	Pod 2 Silver - Freeskiate	3:30-4:15pm	Oval - North Rink		11		\$176
	Pod 2 Silver - Pilates	4:45-5:15pm	Oval - Studio 1046		11	30 mins	
THURSDAY April 2 - June 11	Pod 1 & 2 Silver - Ballet	3:45-4:30pm	Watermania	April 2, May 21, May 28	8	45 mins	\$183
	Pod 1 & 2 Silver - Freeskiate	4:45-5:30pm	RIC - Rink 1		11		
FRIDAY April 3 - June 12	Pod 1 Silver - Freeskiate	4:00-5:00pm	RIC - Rink 2	April 3, May 15, May 22	8		\$170
	Pod 1 Silver - Stretch	5:30-6:15pm	Holiday Inn	April 3, May 15, May 22, June 12	7	45 mins	
	Pod 2 Silver - Freeskiate	5:00-6:00pm	RIC - Rink 2	April 3, May 15, May 22	8		\$170
	Pod 2 Silver - Stretch	6:15-7:00pm	Holiday Inn	April 3, May 15, May 22, June 12	7	45 mins	
SATURDAY April 4 - June 6	Pod 1 & 2 Silver - Group	7:15-8:15am	Oval - North Rink	April 4, May 9, May 16	7	60 mins	\$154

Notes:
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Schedule is subject to change.
Always check website for schedule changes.
You will be notified regarding which training pod your skater is assigned to.

Victoria Day Simulation!! May 9th

	OPEN and Competitive Day ice						
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	OPEN freeskiate	6:30-8:00am	RIC - Rink 1	April 6, May 18	9		\$126
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	April 6, May 18	9		\$153
TUESDAY March 31 - June 9	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		11		\$187
	Bronze/Silver OPEN	2:15-3:15pm	RIC - Rink 2		11		\$154
WEDNESDAY April 1 - June 10	OPEN freeskiate	6:30-8:00am	RIC - Rink 1		11		\$154
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		11		\$187
THURSDAY April 2 - June 11	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		11		\$187
FRIDAY April 3 - June 12	OPEN freeskiate	6:30-8:00am	RIC - Rink 1	April 3	10		\$140
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - South Rink	April 3, May 15	9		\$153
SUNDAY April 5 - June 7	OPEN freeskiate	8:30-9:30am	RIC - Rink 1	April 5, May 17, May 24	7		\$98



**Connaught Skating Club Spring 2026
Competitive Program Schedule & Pricing
*** GOLD TRAINING PODS 1 & 2 ***
All sessions held at Richmond Ice Centre & the Richmond Olympic Oval**

**March 30 - June 12, 2026
vers 3/17/26**

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	Pods 1 & 2 Gold - Freeskate & Group	3:45-4:45pm	RIC - Rink 1	April 6, May 18	9	15 mins	\$225
	Pods 1 & 2 Gold - Dance	5:15-6:00pm	Holiday Inn	April 6, May 18	9	45 mins	
TUESDAY March 31 - June 9	Pods 1 & 2 Gold - Dryland	5:45-6:30pm	Holiday Inn	April 21, May 12	9	45 mins	\$227
	Pods 1 & 2 Gold - Freeskate	7:00-8:00pm	RIC - Rink 1		11		
WEDNESDAY April 1 - June 10	Pods 1 & 2 Gold - Freeskate	5:15-6:00pm	RIC - Rink 1		11		\$215
	Pods 1 & 2 Gold - Dance	6:15-7:00pm	Watermania (Holiday Inn - April 8, May 13, June 10)		11	45 mins	
THURSDAY April 2 - June 11	Pods 1 & 2 Gold - Group	3:45-4:45pm	RIC - Rink 2		11	60 mins	\$347
	Pods 1 & 2 Gold - Dryland	5:00-5:45pm	Holiday Inn	June 11	10	45 mins	
FRIDAY April 3 - June 12	Pod 1 & 2 Gold - Stretch	4:45-5:30pm	Oval - Studio 2026	April 3, May 15	9	45 mins	\$203
	Pod 1 & 2 Gold - Freeskate	5:45-6:45pm	Oval - South Rink	April 3, May 15	9		
SATURDAY April 4 - June 6	Pods 1 & 2 Gold - Group	8:15-9:15am	Oval - North Rink	April 4, May 9, May 16	7	60 mins	\$154

Notes:
The \$58 Skate Canada fee is payable once per skater per skating year (Sept 2025-Aug 2026)
Schedule is subject to change.
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Victoria Day Simulation!! May 9th

OPEN and Competitive Day ice							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	OPEN freeskate	6:30-8:00am	RIC - Rink 1	April 6, May 18	9		\$126
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink	April 6, May 18	9		\$153
TUESDAY March 31 - June 9	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		11		\$187
	OPEN Choreography	8:00-8:30pm	RIC - Rink 1		11		\$77
WEDNESDAY April 1 - June 10	OPEN freeskate	6:30-8:00am	RIC - Rink 1		11		\$154
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		11		\$187
THURSDAY April 2 - June 11	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - North Rink		11		\$187
FRIDAY April 3 - June 12	OPEN freeskate	6:30-8:00am	RIC - Rink 1	April 3	10		\$140
	Bronze/Silver/Gold OPEN	11:45am-12:45pm	Oval - South Rink	April 3, May 15	9		\$153
	OPEN Choreography	6:45-7:45pm	RIC - Rink 1	April 3, May 15, May 22	8		\$112
SUNDAY April 5 - June 7	OPEN freeskate	8:30-9:30am	RIC - Rink 1	April 5, May 17, May 24	7		\$98



Connaught Skating Club Spring 2026
Competitive Program Schedule & Pricing
***** DIAMOND TRAINING POD 1*****
 All sessions held at Richmond Ice Centre & the Richmond Olympic Oval
 March 30 - June 12, 2026
 vers 3/17/26

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	Diamond 1 - Freeski	6:15-7:15pm	RIC - Rink 2	April 6, May 18	9		\$171
	Diamond 1 - Fitness	7:30-8:00pm	Holiday Inn	April 6, May 18	9	30 mins	
TUESDAY March 31 - June 9	Diamond 1 - Dance	5:45-6:30pm	Watermania	May 19	10	45 mins	\$204
	Diamond 1 - Freeski	7:15-8:00pm	RIC - Rink 2		11		
WEDNESDAY April 1 - June 10	Diamond 1/2 - Pilates	5:15-6:00pm	Oval - Studio 1046		11	45 mins	\$297
	Diamond 1/2 - Group	6:15-7:00pm	Oval - North Rink		11	45 mins	
THURSDAY April 2 - June 11	Diamond 1 - Ballet	4:30-5:15pm	Watermania	April 2, May 21, May 28	8	45 mins	\$183
	Diamond 1 - Freeski	5:30-6:15pm	RIC - Rink 1		11		
FRIDAY April 3 - June 12	Diamond 1 - Stretch	4:45-5:30pm	Holiday Inn	April 3, May 15, May 22, June 12	7	45 mins	\$190
	Diamond 1 - Spin and Freeski	5:45-6:45pm	RIC - Rink 1	April 3, May 15, May 22	8	15 mins	
SATURDAY April 4 - June 6	Diamond 1/2 - Group	9:30-10:30am	Oval - North Rink	April 4, May 9, May 16	7	60 mins	\$193
	Diamond 1/2/3 Group	10:30-10:45am	Oval - North Rink	April 4, May 9, May 16	7	15 mins	
	Diamond 1 - Fitness & Conditioning	12:00-1:00pm	Oval HP	April 4, May 16	8	60 mins	

Registration link will come directly from Chris Spencer

Notes:
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 Victoria Day Simulation!! May 9th

OPEN and Competitive Day ice * Primary coach will advise which session to register for							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	OPEN freeski	6:30-8:00am	RIC - Rink 1	April 6 & May 18	9		\$126
	Diamond competitive day ice *	2:30-3:30pm	RIC - Rink 1	April 6 & May 18	9		\$126
	Diamond competitive day ice *	2:30-3:30pm	Oval - South Rink	April 6 & May 18	9		\$153
TUESDAY March 31 - June 9	Diamond competitive day ice	3:00-4:00pm	Oval - North Rink		11		\$187
	OPEN Choreography	8:00-8:30pm	RIC - Rink 1		11		\$77
WEDNESDAY April 1 - June 10	OPEN freeski	6:30-8:00am	RIC - Rink 1		11		\$154
	Diamond competitive day ice	2:30-3:30pm	Oval - South Rink		11		\$187
THURSDAY April 2 - June 11	Diamond competitive day ice	3:00-3:45pm	Oval - North Rink		11		\$140
FRIDAY April 3 - June 12	OPEN freeski	6:30-8:00am	RIC - Rink 1	April 3	10		\$140
	Diamond competitive day ice	2:15-3:15pm	Oval - North Rink	April 3 & May 15	9		\$153
	Diamond competitive day ice	2:45-3:45pm	Oval - South Rink	April 3 & May 15	9		\$153
	OPEN Choreography	6:45-7:45pm	RIC - Rink 1	April 3, May 15, May 22	8		\$112
SUNDAY April 5 - June 7	OPEN freeski	8:30-9:30am	RIC - Rink 1	April 5, May 17, May 24	7		\$98

Harness - REGISTER FOR ONE ONLY!!! By invitation from primary coach							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
WEDNESDAY April 1 - June 10	Diamond 1/2/3 - Harness	4:00-4:30pm	Oval - Room 1058		11	30 mins	\$110
Friday April 3 - June 12	Diamond 1/2/3 - Harness	3:30-3:55pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	Diamond 1/2/3 - Harness	3:55-4:20pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	Diamond 1/2/3 - Harness	4:20-4:45pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	Diamond 1/2/3 - Harness	4:45-5:10pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	OPEN - Harness	5:15-5:40pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	OPEN - Harness	5:40-6:05pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	OPEN - Harness	6:05-6:30pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75



Connaught Skating Club Spring 2026
Competitive Program Schedule & Pricing
***** DIAMOND TRAINING POD 2*****
 All sessions held at Richmond Ice Centre & the Richmond Olympic Oval
 March 30 - June 12, 2026
 vers 3/17/26

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	Diamond 2 - Fitness & Conditioning	6:15-6:45pm	Holiday Inn	April 6, May 18	9	30 mins	\$171
	Diamond 2 - Freeskiate	7:15-8:15pm	RIC - Rink 2	April 6, May 18	9		
TUESDAY March 31 - June 9	Diamond 2 - Dance	5:00-5:45pm (except March 31, May 12 - 5:15-5:45pm)	Watermania	May 19	10	45 mins (Except March 31, May 12 30 mins)	\$197
	Diamond 2 - Freeskiate	6:15-7:00pm	RIC - Rink 2		11		
WEDNESDAY April 1 - June 10	Diamond 1/2 - Pilates	5:15-6:00pm	Oval - Studio 1046		11	45 mins	\$297
	Diamond 1/2 - Group	6:15-7:00pm	Oval - North Rink		11	45 mins	
THURSDAY April 2 - June 11	Diamond 2 - Ballet	5:15-6:00pm	Watermania	April 2, May 21, May 28	8	45 mins	\$183
	Diamond 2 - Freeskiate	6:30-7:15pm	RIC - Rink 1		11		
FRIDAY April 3 - June 12	Diamond 2 - Stretch	4:00-4:45pm	Holiday Inn	April 3, May 15, May 22, June 12	7	45 mins	\$190
	Diamond 2 - Freeskiate & Spin	5:00-6:00pm	RIC - Rink 1	April 3, May 15, May 22	8	15 mins	
SATURDAY April 4 - June 6	Diamond 1/2 - Group	9:30-10:30am	Oval - North Rink	April 4, May 9, May 16	7	60 mins	\$193
	Diamond 1/2/3 Group	10:30-10:45am	Oval - North Rink	April 4, May 9, May 16	7	15 mins	
	Diamond 2 - Fitness & Conditioning	12:00-1:00pm	Oval HP	April 4, May 16	8	60 mins	Registration link will come directly from Chris Spencer

Notes:
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 Victoria Day Simulation!! May 9th

OPEN and Competitive Day ice * Primary coach will advise which session to register for							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	OPEN freeskiate	6:30-8:00am	RIC - Rink 1	April 6 & May 18	9		\$126
	Diamond competitive day ice *	2:30-3:30pm	RIC - Rink 1	April 6 & May 18	9		\$126
	Diamond competitive day ice *	2:30-3:30pm	Oval - South Rink	April 6 & May 18	9		\$153
TUESDAY March 31 - June 9	Diamond competitive day ice	3:00-4:00pm	Oval - North Rink		11		\$187
	OPEN Choreography	8:00-8:30pm	RIC - Rink 1		11		\$77
WEDNESDAY April 1 - June 10	OPEN freeskiate	6:30-8:00am	RIC - Rink 1		11		\$154
	Diamond competitive day ice	2:30-3:30pm	Oval - South Rink		11		\$187
THURSDAY April 2 - June 11	Diamond competitive day ice	3:00-3:45pm	Oval - North Rink		11		\$140
FRIDAY April 3 - June 12	OPEN freeskiate	6:30-8:00am	RIC - Rink 1	April 3	10		\$140
	Diamond competitive day ice	2:15-3:15pm	Oval - North Rink	April 3 & May 15	9		\$153
	Diamond competitive day ice	2:45-3:45pm	Oval - South Rink	April 3 & May 15	9		\$153
	OPEN Choreography	6:45-7:45pm	RIC - Rink 1	April 3, May 15, May 22	8		\$112
SUNDAY April 5 - June 7	OPEN freeskiate	8:30-9:30am	RIC - Rink 1	April 5, May 17, May 24	7		\$98

Harness - REGISTER FOR ONE ONLY!!! By invitation from primary coach							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
WEDNESDAY April 1 - June 10	Diamond 1/2/3 - Harness	4:00-4:30pm	Oval - Room 1058		11	30 mins	\$110
Friday April 3 - June 12	Diamond 1/2/3 - Harness	3:30-3:55pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	Diamond 1/2/3 - Harness	3:55-4:20pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	Diamond 1/2/3 - Harness	4:20-4:45pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	Diamond 1/2/3 - Harness	4:45-5:10pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	OPEN - Harness	5:15-5:40pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	OPEN - Harness	5:40-6:05pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	OPEN - Harness	6:05-6:30pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75



**Connaught Skating Club Spring 2026
Competitive Program Schedule & Pricing
*** DIAMOND TRAINING POD 3***
All sessions held at Richmond Ice Centre & the Richmond Olympic Oval**

**March 30 - June 12, 2026
vers 3/17/26**

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	Diamond 3 - Freeskate	4:15-5:00pm	Oval - North Rink	April 6, May 18	9		\$207
	Diamond 3 - Pilates	5:30-6:30pm	Oval - Studio 1046	April 6, May 18	9	60 mins	
TUESDAY March 31 - June 9	Diamond 3 - Freeskate	5:30-6:15pm	RIC - Rink 2		11		\$204
	Diamond 3 - Dance	6:30-7:15pm	Watermania	May 19	10	45 mins	
WEDNESDAY April 1 - June 10	Diamond 3 - Off ice warm up	6:20-6:40pm	RIC - Rink 1 (Rinkside)		11	20 mins	\$183
	Diamond 3 - Freeskate	7:00-8:00pm	RIC - Rink 1		11		
THURSDAY April 2 - June 11	Diamond 3 - Ballet	6:15-7:00pm	Watermania	April 2, May 21, May 28	8	45 mins	\$326
	Diamond 3 - Group	7:15-8:15pm	RIC - Rink 1		11	60 mins	
FRIDAY April 3 - June 12	Diamond 3 - Stretch	5:30-6:15pm	Oval - Studio 2026	April 3, May 15	9	45 mins	\$203
	Diamond 3 - Freeskate	6:45-7:45pm	Oval - South Rink	April 3, May 15	9		
SATURDAY April 4 - June 6	Diamond 3 - Strength & Conditioning	9:00-10:00am	Oval HP	April 4, May 16	8	60 mins	Registration link will come directly from Chris Spencer
	Diamond 1/2/3 - Group	10:30-10:45am	Oval - North Rink	April 4, May 9, May 16	7	15 mins	\$193
	Diamond 3 - Group	10:45-11:45am	Oval - North Rink	April 4, May 9, May 16	7	60 mins	

Notes:
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Schedule is subject to change.
Always check website for schedule changes.
You will be notified regarding which training pod your skater is assigned to.

Victoria Day Simulation!! May 9th

OPEN and Competitive Day ice * Primary coach will advise which session to register for							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	OPEN freeskate	6:30-8:00am	RIC - Rink 1	April 6 & May 18	9		\$126
	Diamond competitive day ice *	2:30-3:30pm	RIC - Rink 1	April 6 & May 18	9		\$126
	Diamond competitive day ice *	2:30-3:30pm	Oval - South Rink	April 6 & May 18	9		\$153
TUESDAY March 31 - June 9	Diamond competitive day ice	3:00-4:00pm	Oval - North Rink		11		\$187
	OPEN Choreography	8:00-8:30pm	RIC - Rink 1		11		\$77
WEDNESDAY April 1 - June 10	OPEN freeskate	6:30-8:00am	RIC - Rink 1		11		\$154
	Diamond competitive day ice	2:30-3:30pm	Oval - South Rink		11		\$187
THURSDAY April 2 - June 11	Diamond competitive day ice	3:00-3:45pm	Oval - North Rink		11		\$140
FRIDAY April 3 - June 12	OPEN freeskate	6:30-8:00am	RIC - Rink 1	April 3	10		\$140
	Diamond competitive day ice	2:15-3:15pm	Oval - North Rink	April 3 & May 15	9		\$153
	Diamond competitive day ice	2:45-3:45pm	Oval - South Rink	April 3 & May 15	9		\$153
	OPEN Choreography	6:45-7:45pm	RIC - Rink 1	April 3, May 15, May 22	8		\$112
SUNDAY April 5 - June 7	OPEN freeskate	8:30-9:30am	RIC - Rink 1	April 5, May 17, May 24	7		\$98

Harness - REGISTER FOR ONE ONLY!!! By invitation from primary coach							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
WEDNESDAY April 1 - June 10	Diamond 1/2/3 - Harness	4:00-4:30pm	Oval - Room 1058		11	30 mins	\$110
Friday April 3 - June 12	Diamond 1/2/3 - Harness	3:30-3:55pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	Diamond 1/2/3 - Harness	3:55-4:20pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	Diamond 1/2/3 - Harness	4:20-4:45pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	Diamond 1/2/3 - Harness	4:45-5:10pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	OPEN - Harness	5:15-5:40pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	OPEN - Harness	5:40-6:05pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75
	OPEN - Harness	6:05-6:30pm	Oval - Room 1058	April 3, May 15	9	25 mins	\$75



Connaught Skating Club Spring 2026
Competitive Program Schedule & Pricing
***** TOP FLIGHT TRAINING POD 1*****
All sessions held at Richmond Ice Centre & the Richmond Olympic Oval
March 30 - June 12, 2026
vers 3/17/26

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	Top Flight 1 - Freeskiate	3:15-4:15pm	Oval - North Rink	April 6, May 18	9		\$203
	Top Flight 1 - Ballet	4:30-5:15pm	Oval - Studio 2010	April 6, May 18	9	45 mins	
TUESDAY March 31 - June 9	Top Flight 1 - Dance	3:00-3:45pm	Oval - Studio 2026		11	45 mins	\$275
	Top Flight 1 - Freeskiate & Group	4:15-5:15pm	Oval - North Rink		11	15 mins	
WEDNESDAY April 1 - June 10	Top Flight 1 - Pilates	3:15-4:00pm	Oval - Studio 2026		11	45 mins	\$215
	Top Flight 1 - Freeskiate	4:15-5:00pm	Oval - North Rink		11		
THURSDAY April 2 - June 11	Top Flight 1 - Freeskiate	5:00-5:45pm	RIC - Rink 2		11		\$204
	Top Flight 1 - Dryland	6:00-6:45pm	Holiday Inn	June 11	10	45 mins	
FRIDAY April 3 - June 12	Top Flight 1 - Stretch	2:45-3:30pm	Oval - Studio 2026	April 3, May 15	9	45 mins	\$176
	Top Flight 1 - Freeskiate	4:00-4:45pm	Oval - South Rink	April 3, May 15	9		
SATURDAY April 4 - June 6	Top Flight 1 - Group	12:00-12:30pm	Oval - North Rink	April 4, May 9, May 16	7	30 mins	\$231
	Top Flight 1/2 - Group	12:30-1:30pm	Oval - North Rink	April 4, May 9, May 16	7	60 mins	
	Top Flight 1 - Strength & Conditioning	1:45-2:45pm	Oval HP	April 4, May 16	8	60 mins	Registration link will come directly from Chris Spencer

Notes:
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Victoria Day Simulation!! May 9th

	OPEN and Competitive Day Ice *consult primary coach regarding which day ice sessions to register for each day*						
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	OPEN freeskiate	6:30-8:00am	RIC- Rink 1	April 6, May 18	9		\$126
	Top Flight Competitive Day Ice	1:00-2:00pm	Oval - North Rink	April 6, May 18	9		\$153
	Top Flight Competitive Day Ice	2:00-3:00pm	Oval - North Rink	April 6, May 18	9		\$153
TUESDAY March 31 - June 9	Top Flight Competitive Day Ice	1:00-2:00pm	Oval - North Rink		11		\$187
	Top Flight Competitive Day Ice	1:45-2:45pm	Oval - North Rink		11		\$187
	OPEN Choreography	8:00-8:30pm	RIC - Rink 1		11		\$77
WEDNESDAY April 1 - June 10	OPEN freeskiate	6:30-8:00am	RIC- Rink 1		11		\$154
	Top Flight Competitive Day Ice	1:00-2:00pm	Oval - North Rink		11		\$187
	Top Flight Competitive Day Ice	2:15-3:15pm	Oval - North Rink		11		\$187
THURSDAY April 2 - June 11	Top Flight Competitive Day Ice	1:00-2:00pm	Oval - North Rink		11		\$187
	Top Flight Competitive Day Ice	1:45-2:45pm	Oval - North Rink		11		\$187
FRIDAY April 3 - June 12	OPEN freeskiate	6:30-8:00am	RIC- Rink 1	April 3	10		\$140
	Top Flight Competitive Day Ice	1:00-2:00pm	Oval - South Rink	April 3, May 15	9		\$153
	Top Flight Competitive Day Ice	1:30-2:30pm	Oval - South Rink	April 3, May 15	9		\$153
	OPEN Choreography	6:45-7:45pm	RIC - Rink 1	April 3, May 15, May 22	8		\$112
SUNDAY April 5 - June 7	OPEN freeskiate	8:30-9:30am	RIC - Rink 1	April 5, May 17, May 24	7		\$98

	Harness - REGISTER FOR ONE ONLY!!! By invitation from primary coach						
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 6	Top Flight 1/2 - Harness	2:30-3:00pm	Oval - Room 1058	April 6, May 18	9	30 mins	\$90
	Top Flight 1/2 - Harness	3:00-3:30pm	Oval - Room 1058	April 6, May 18	9	30 mins	\$90
	Top Flight 1 - Harness	5:20-5:50pm	Oval - Room 1058	April 6, May 18	9	30 mins	\$90
	Top Flight 1 - Harness	6:00-6:30pm	Oval - Room 1058	April 6, May 18	9	30 mins	\$90
FRIDAY April 3 - June 7	Top Flight 1/2 - Harness	2:30-3:00pm	Oval - Room 1058	April 3, May 15	9	30 mins	\$90
	Top Flight 1/2 - Harness	3:00-3:30pm	Oval - Room 1058	April 3, May 15	9	30 mins	\$90



Connaught Skating Club Spring 2026
Competitive Program Schedule & Pricing
***** TOP FLIGHT TRAINING POD 2*****
All sessions held at Richmond Ice Centre & the Richmond Olympic Oval
March 30 - June 12, 2026
vers 3/17/26

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	Top Flight 2 - Ballet	3:30-4:30pm	Oval - Studio 2010	April 6, May 18	9	60 mins	\$234
	Top Flight 2 - Freeskiate	6:00-7:00pm	RIC - Rink 1	April 6, May 18	9		
TUESDAY March 31 - June 9	Top Flight 2 - Dance	3:45-4:30pm	Oval - Studio 2026		11	45 mins	\$275
	Top Flight 2 - Group & Freeskiate	5:00-6:00pm	Oval - North Rink		11	15 mins	
WEDNESDAY April 1 - June 10	Top Flight 2 - Pilates	4:00-4:45pm	Oval - Studio 2026		11	45 mins	\$248
	Top Flight 2 - Freeskiate	5:15-6:15pm	Oval - North Rink		11		
THURSDAY April 2 - June 11	Top Flight 2 - Freeskiate	5:45-6:30pm	RIC - Rink 2		11		\$204
	Top Flight 2 - Dryland	6:45-7:30pm	Holiday Inn	June 11	10	45 mins	
FRIDAY April 3 - June 12	Top Flight 2 - Stretch	3:30-4:15pm	Oval - Studio 2026	April 3, May 15, May 22	8	45 mins	\$156
	Top Flight 2 - Freeskiate	4:45-5:30pm	Oval - South Rink	April 3, May 15, May 22	8		
SATURDAY April 4 - June 6	Top Flight 2 - Strength & Conditioning	10:30-11:30am	Oval HP	April 4, May 16	8	60 mins	Registration link will come directly from Chris Spencer
	Top Flight 1/2 - Group	12:30-1:30pm	Oval - North Rink	April 4, May 9, May 16	7	60 mins	\$231
	Top Flight 2 - Group	1:30-2:00pm	Oval - North Rink	April 4, May 9, May 16	7	30 mins	

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Victoria Day Simulation!! May 9th

OPEN and Competitive Day ice *consult primary coach regarding which day ice sessions to register for each day*							
	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	OPEN freeskiate	6:30-8:00am	RIC - Rink 1	April 6, May 18	9		\$126
	Top Flight Competitive Day Ice	1:00-2:00pm	Oval - North Rink	April 6, May 18	9		\$153
	Top Flight Competitive Day Ice	2:00-3:00pm	Oval - North Rink	April 6, May 18	9		\$153
TUESDAY March 31 - June 9	Top Flight Competitive Day Ice	1:00-2:00pm	Oval - North Rink		11		\$187
	Top Flight Competitive Day Ice	1:45-2:45pm	Oval - North Rink		11		\$187
	OPEN Choreography	8:00-8:30pm	RIC - Rink 1		11		\$77
WEDNESDAY April 1 - June 10	OPEN freeskiate	6:30-8:00am	RIC - Rink 1		11		\$154
	Top Flight Competitive Day Ice	1:00-2:00pm	Oval - North Rink		11		\$187
	Top Flight Competitive Day Ice	2:15-3:15pm	Oval - North Rink		11		\$187
THURSDAY April 2 - June 11	Top Flight Competitive Day Ice	1:00-2:00pm	Oval - North Rink		11		\$187
	Top Flight Competitive Day Ice	1:45-2:45pm	Oval - North Rink		11		\$187
FRIDAY April 3 - June 12	OPEN freeskiate	6:30-8:00am	RIC - Rink 1	April 3	10		\$140
	Top Flight Competitive Day Ice	1:00-2:00pm	Oval - South Rink	April 3, May 15	9		\$153
	Top Flight Competitive Day Ice	1:30-2:30pm	Oval - South Rink	April 3, May 15	9		\$153
	OPEN Choreography	6:45-7:45pm	RIC - Rink 1	April 3, May 15, May 22	8		\$112
SUNDAY April 5 - June 7	OPEN freeskiate	8:30-9:30am	RIC - Rink 1	April 5, May 17, May 24	7		\$98

Harness - REGISTER FOR ONE ONLY!!! By invitation from primary coach

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 6	Top Flight 1/2 - Harness	2:30-3:00pm	Oval - Room 1058	April 6, May 18	9	30 mins	\$90
	Top Flight 1/2 - Harness	3:00-3:30pm	Oval - Room 1058	April 6, May 18	9	30 mins	\$90
WEDNESDAY April 1 - June 10	Top Flight 2 - Harness	2:30-3:00pm	Oval - Room 1058		11	30 mins	\$110
	Top Flight 2 - Harness	3:00-3:30pm	Oval - Room 1058		11	30 mins	\$110
	Top Flight 2 - Harness	3:30-4:00pm	Oval - Room 1058		11	30 mins	\$110
FRIDAY April 3 - June 7	Top Flight 1/2 - Harness	2:30-3:00pm	Oval - Room 1058	April 3, May 15	9	30 mins	\$90
	Top Flight 1/2 - Harness	3:00-3:30pm	Oval - Room 1058	April 3, May 15	9	30 mins	\$90



Connaught Skating Club Spring 2026
Competitive Program Schedule & Pricing
***** COMPETITIVE PAIR PROGRAM *****
All sessions held at Richmond Ice Centre & the Richmond Olympic Oval

March 30 - June 12, 2026
vers 3/17/26

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
MONDAY March 30 - June 8	Competitive Freeskate	3:15-4:30pm	RIC - Rink 2	April 6, May 18	9		\$158
	Competitive Freeskate	7:15-8:00pm	RIC - Rink 1	April 6, May 18	9		\$95
TUESDAY March 31 - June 9	Competitive Freeskate	3:15-4:30pm	RIC - Rink 1		11		\$193
WEDNESDAY April 1 - June 10	Competitive Freeskate	2:30-3:30pm	RIC - Rink 1		11		\$154
	Off Ice - Dance	3:45-4:30pm	Watermania (Holiday Inn - April 8, May 13, June 10)		11	45 mins	\$132
	Competitive Freeskate	6:00-6:45pm	RIC - Rink 1		11		\$154
THURSDAY April 2 - June 11	Competitive Freeskate	2:15-3:30pm	RIC - Rink 1		11		\$193
FRIDAY April 3 - June 12	Competitive Freeskate	3:15-4:15pm	Oval - North Rink	April 3, May 15	9		\$126
SATURDAY April 4 - June 6	Men/Boys Strength & Conditioning	8:00-9:00am	Oval HP	April 4, May 16	8	60 mins	Registration link will come directly from Chris Spencer

PAIRS DEVELOPMENT ICE *BY INVITATION ONLY*****

	Session	Time	Location	No Class	# Sessions	Instruction Included in fee	Fee
SATURDAY April 4 - June 6	PDP - Group	7:00-8:00am	RIC - Rink 1	April 4, May 16, May 23	7	60 mins	\$168

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Victoria Day Simulation!! May 9th